# Nails Mani | Pedi

### **SERVICES**

Premium \$55 | \$65 **M** \$75 | 85 **G** Relaxing service that includes a soak, exfoliation, cuticle work, massage, warm towels, and long-lasting polish.

Express

\$40 | \$50 **M** \$55 | \$65 **G** 

"On the Go" pampering that includes shaping, cuticle and heel work, lotion, and quick dry color and away you go!

Gentleman's \$40 | \$50 **M** \$55 | \$65 **G** Shaping, cuticle work, brief massage, and optional buff or clear polish.

\$65 | \$75 M \$80 | \$90 G All the fun of the premium with a long lasting gel color!

## ADD-ONS 30 Min

Gel Soak Off \$20 M \$25 G Polish Change \$20 M \$25 G Nail Drilling \$20 M \$25 G Nail Trimming \$20 M \$25 G French Tip \$20 M \$25 G



Make Relaxation Happen

Members may scan the QR code to book your appointment online!



Full Color

Men's Color

M Member Pricing | G Guest Pricing

### **CUTS & STYLING**

COTS & STILLING		
Women's Premium Cut	\$75 <b>M</b>	\$100 <b>G</b>
Women's Cut	\$50 <b>M</b>	\$65 <b>G</b>
Women's Shampoo, Blowout & Style	\$50 <b>M</b>	\$65 <b>G</b>
Men's Cut	\$40 <b>M</b>	\$50 <b>G</b>
Child's Cut	\$25 <b>M</b>	\$30 <b>G</b>
Bangs/Neck Trim	\$25 <b>M</b>	\$30 <b>G</b>
Beard Trim	\$15 <b>M</b>	\$20 <b>G</b>
TREATMENTS		
Perm	\$120 <b>M</b>	\$155 <b>G</b>
Keratin	\$300 <b>M</b>	\$390 <b>G</b>
Olaplex	\$60+ <b>M</b>	\$80+ <b>G</b>
Deep Conditioning	\$45 <b>M</b>	\$60 <b>G</b>
Toner	\$25 <b>M</b>	\$35 <b>G</b>
COLOR		
Accent Highlights	\$90+ <b>M</b>	\$120+ <b>G</b>
Partial Highlights	\$120+ <b>M</b>	\$155+ <b>G</b>
Full Highlights	\$120+ <b>M</b>	\$155+ <b>G</b>
Root Color	\$80+ <b>M</b>	\$105+ <b>G</b>

\$120+ M \$155+ G

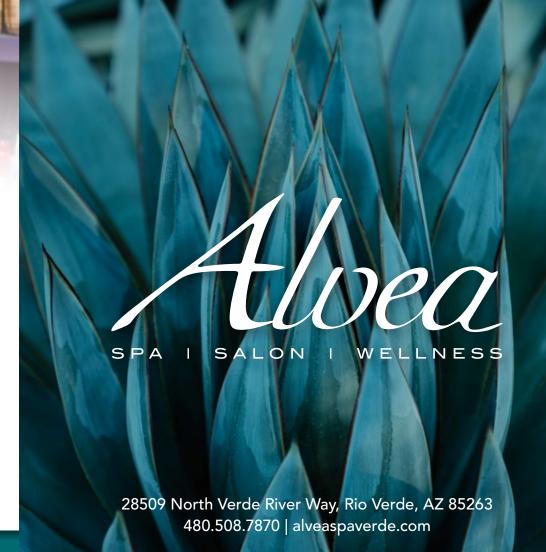
\$45+ **M** \$60+ **G** 





Prices may vary. A 20% gratuity is suggested, and much appreciated, for our professionals.

To enhance your spa experience, we recommend arriving 15 minutes prior to your scheduled treatment in order to have time to change and relax. Please notify the Spa 24 hours in advance for any cancellations or rescheduling to avoid a 50% (per service) cancellation fee.





SWEDISH 50 | 80 Min

Classic full body relaxation massage that improves circulation, alleviates muscle tension, reduces stress, and any body imbalances, restore energy and promote improves lymphatic flow.

DEEP TISSUE 50 | 80 Min \$115 | \$185 M \$150 | \$240 G REIKI 50 | 80 Min

Firm pressure full body massage used to relieve chronic muscle tension, persistent pain and trigger points.

\$125 | \$200 **M** \$160 | \$250 **G** healing GOLF 50 | 80 Min

A combination of Swedish and Deep Tissue, this massage addresses the unique needs of golfers by targeting specific pain points and increasing flexibility and range of motion.

### BACK, NECK & SHOULDER 25 Min \$75 M \$98 G

Targets the most common areas of reoccurring stress, tension, and trigger points to reduce stiffness, soreness, and increase circulation.

THAL 50 L80 Min

\$45 | \$105 **M** \$60 | \$135 **G** 

Combines Acupressure, stretching, and rhythmic compression to energize and balance the body and enhance lymphatic flow.

COUPLES 50 Min

Price Varies

A shared relaxing massage experience in the style of each individual's choosing.

Using targeted pressure techniques on the feet to relieve overall health

\$100 | \$155 M \$130 | \$200 G

Facials 50 Mi

An energy healing practice, administered by our Certified Reiki Masters, using gentle touch or hands off techniques to relax, reduce stress and support mental and physical

TRESOR DES MERS 80 Min \$160 M \$210 G

Treasures of the Sea hydrating and nourishing massage with marine sea minerals leaves your skin feeling softer and moisturized

ANTI-AGING HYDRATION BODY WRAP 80 Min \$225 M \$290 G

Combines a marine based body wrap to improve skin's collagen production with a firming and toning massage that improves circulation and leaves you feeling completely renewed.

PHYTOMER'S 3-IN-1 \$145 M \$190 G A marine based facial that targets the three major beauty concerns: anti-aging, brightening, and hydration, it helps to smooth fine lines, enhance radiance, and moisturize for a revitalized, youthful glow.

TRAVEL \$145 M \$190 G Phytomer's Citylife products, use marine antioxidants to remove pollutants and help reduce environmental damage. Ideal for frequent travelers.

MIXOLOGY \$145 M \$190 G A customized Eminence facial that utilizes fresh, organic ingredients to deep cleanse, brighten, lift, tighten, or hydrate.

GENTLEMAN'S \$115 M \$150 G A facial tailored to the specific needs of the male client, it addresses the issues of razor burn and clogged pores. The facial includes a deep cleanse, exfoliation, extractions, and soothing, hydrating lotion.

LYMPHATIC \$110 M \$145 G A therapeutic facial including gentle acupressure massage to increase circulation, help remove toxins, and reduce inflammation.

MICRO-DERMABRASION \$110 M \$145 G An advanced exfoliating treatment that gently removes dead skin cells, minimizes fine lines, acne scars, and uneven texture to reveal balanced and brighter skin.

CLINICAL CONCERNS \$115 M \$150 G Three Ships natural, dermatologist-tested, unscented, vegan, and cruelty free products are used to help rebalance the skin's natural microbiome. Safe for those with sensitive skin, allergies, and those that may be undergoing Chemotherapy.

BACK \$135 M \$175 G A purifying treatment to cleanse, exfoliate, unclog pores, and hydrate the oft neglected skin of the back

ALVEA MINI 25 Min \$50 M \$90 G A quick pick-me-up facial that cleanses, exfoliates and hydrates to get you back on the pickleball court or golf course.

Add-ons

M Member Pricing | G Guest Pricing

DERMAPLANING \$50 A deeper exfoliation using a sterile surgical blade to remove dead skin cells and vellus hair. This treatment increases cell turnover and enhances the effectiveness of your at home skincare routine.

LED LIGHT THERAPY \$40 Seven different therapies are used to address inflammation, acne, wrinkles, fine lines and so much more!

HIMALAYAN HOT STONES \$30 Smooth Himalayan salt stones containing 84 essential minerals are applied to promote deep relaxation, improve circulation, and soothe sore muscles.

CBD \$30 A natural non-psychoactive compound made from hemp is used to calm the central nervous system to alleviate muscle pain, reduce inflammation, and enhance relaxation.

AROMATHERAPY \$30 Your choice of a variety of naturally scented massage concentrates curated to enhance mood, promote relaxation, and reduce stress.

SCALP MASSAGE \$30 Combines your choice of Phytomer skin and hair oil and specialized massage techniques to relieve tension, headaches, and promotes deep relaxation.

PATCHES \$50 Using 100% medical grade silicone to target specific areas of skin aging, scarring, and dryness on the face or body, these patches help to promote cell turnover, collagen production and increase the efficacy of your at home skincare routine.